Roseburn Weekly

Head Teacher update from Natalie Borrowman.

Week beginning 22 October October 2018





I hope you all enjoyed the October break. It has been lovely to see the autumn colours; in the sky and on the ground, although, there is definitely a chill in the air now.

As it is now darker in the mornings and afternoons, we will remind the children about safety on the roads and pavements. Reflective arm bands, bags or attachments for jackets, really do help the children to be seen.

INSET DAY

On Monday all staff engaged in Allergy, Asthma and Epilepsy Training focusing on: Asthma triggers, symptoms and the use of emergency inhalers. The Autism Training in the afternoon enabled all staff to reinforce their knowledge and understanding of autism. Good practice and supportive resources/approaches were shared.

Meet our Rights Respecters



The Rights Respecting School Award (RRSA) helps our pupils to grow into confident individuals and responsible citizens. By learning about their rights children also learn about the importance of respecting the rights of others.

The Rights Respecters first task was to complete a Rights



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Respecting survey with each class. They demonstrated good skills, in patience and numeracy when they had to recount the tally marks and explain the questions several times (in younger classes). Well done. www.unicef.org.uk/rights-respecting-schools

House Captains

Congratulations to the following P7 pupils who were elected as House Captains: Dale and Rebecca for Belmont, Mark and Mia for Glendevon, Robert and Sarah for Murrayfield and Lucy and Matthew for Ravelston.

American Football Tasters

P6 and P7 pupils participated in American Football taster sessions with Touchdown Uk. Some great passing and team spirit was observed. Well done! https://www.touchdownuk.org/history

Swimming Lessons

Swimming sessions will take place at JGHS on Thursdays for P4 (8 week block) and P6 (5 week block). Please encourage your child to remember to bring their swim kit. Any help to support the sessions is appreciated. Thanks.

Parent Consultations

Appointment times for Parent Consultations on 14 and 16 November will be available to book electronically from week beginning 5 November. Learning Journey Jotters and Term 2 Overviews will be sent home during the week of the 5 November.

What a wonderful array of Halloween costumes were on display this morning in P1 and P2. A huge thanks to the PTA and parents who supported the parties. Much appreciated. Wishing you all a wonderful weekend.

Building Resilience: Unit 5 Talk Things Over

Through this unit, children will learn how worries affect our wellbeing and what we can do to deal with them to stop them escalating. This includes strategies like writing them down, talking them over, realising things will pass and asking for help.

TALK THINGS OVER

In this unit, we will be learning that:

- · At times we all feel worried
- If worries are not dealt with, they can sometimes get out of control
- If you are struggling, it is important to ask for help